

Recipe title	Date
Photo of the recipe that has been followed.	Photo or photos of the student preparing/ cooking/ making the meal
	Photo of the final meal product that the student has prepared.

Hiking/Cycling/running	Date
Photo of the strava app – shows route taken, and details; time, speed, etc	Photo or photos of the student's routes or further statistics (from a fitbit?) <i>Not really needed...</i>
	Comment about the activity; weather, what did they see, etc.